

Breakfast Menu

Springhurst Elementary

October
2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM


























Monday

Tuesday

Wednesday

Thursday

Friday

		1 Whole Grain French Toast Slices  Fresh Banana 100% Juice Fruit Punch	2 SCHOOL CLOSED TODAY	3 Apple Strudel  Sliced Oranges 100% Juice Fruit Punch
6 Homemade Pancakes  Crispy Turkey Sausage Links 100% Apple Juice Fresh Peaches	7 Homemade Waffles  Crispy Turkey Sausage Links Pineapple 100% Orange Tangerine	8 WG Donut  Crispy Potato Puffs Fresh Banana 100% Juice Fruit Punch	9 Homemade Waffles  Scrambled Eggs with Cheese  Fresh Strawberries 100% Apple Juice	10 Bagel Melt  Fresh Pear 100% Juice Fruit Punch
13 SCHOOL CLOSED TODAY	14 Homemade Waffles  Crispy Turkey Sausage Links Fresh Banana 100% Orange Tangerine	15 Apple Strudel  Sliced Oranges 100% Juice Fruit Punch	16 Homemade Waffles  Scrambled Eggs  Crispy Turkey Sausage Links Fresh Strawberries 100% Apple Juice	17 WW Honey Bun  Pineapple 100% Juice Fruit Punch
20 SCHOOL CLOSED TODAY	21 Homemade Waffles  Fresh NY Local Apple 100% Orange Tangerine	22 Fluffy Whole Grain Pancakes  Crispy Potato Puffs Fresh Banana 100% Juice Fruit Punch	23 Homemade Waffles  Scrambled Eggs with Cheese  Fresh Blueberries 100% Apple Juice	24 Whole Grain Pancakes with Ham  Pineapple 100% Juice Fruit Punch 
27 WG Donut  Turkey Bacon Fresh Banana 100% Juice Fruit Punch	28 Homemade Waffles  Fresh Blueberries Crispy Turkey Sausage Links 100% Orange Tangerine	29 Cinnamon Bun  Fresh Orange 100% Juice Fruit Punch	30 Homemade Waffles  Scrambled Eggs with Cheese  Fresh Strawberries 100% Apple Juice	31 Whole Grain French Toast Slices  Fresh Peach 100% Juice Fruit Punch



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

DAILY BREAKFAST OPTIONS

BREAKFAST BARS,
ASSORTED MUFFINS,
YOGURT PARFAITS

FRESH NY BAGELS

 MTO BREAKFAST SANDWICHES 




Any questions or concerns please email the FSD massiahj@dfsd.org

WG REDUCED SUGAR CEREALS

MTO BREAKFAST SANDWICHES

FRESH FRUIT %, 100% FRUIT JUICE

1ST BREAKFAST PRICE: FREE 2ND MEAL \$1.25

   **ADULTS: \$3.25 PLUS TAX**

Lunch Menu

Springhurst Elementary

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Monday

Tuesday

Wednesday

Thursday

Friday



6 Cheesy Stuffed Bread Sticks 🌱
Sweet Potato Fries
Chickpea Salad
Fresh Pear
Fresh Grapes

7 Soft Tacos 🌱
Black Beans
Buttered Corn
Cinnamon Applesauce
Pineapple
TURKEY TACO MEAT

1 Crispy Chicken Sandwich
Oven Baked Fries
Garden Salad
Fresh Pear
Fresh Peaches

2 **SCHOOL CLOSED TODAY**

3 Classic Cheese Pizza 🌱 🌱
Pepperoni Pizza P
Caesar Salad
Cherry Tomatoes
Apple Slices
Strawberries

13 **SCHOOL CLOSED TODAY**

14 Chicken and Waffles
Green Beans
Sweet Corn
Fresh Pear
Fresh Grapes

15 Cheeseburger Or Homemade Beef Burger 🌱
Oven Baked Fries
Side Garden Salad
Watermelon Slices
Fresh Strawberries

16 Cinnamon French Toast 🌱
Sausage Patty
Sweet Potato Fries
Hash Brown Potatoes
Fresh Orange Applesauce
CHICKEN SAUSAGE

17 Classic Cheese Pizza 🌱 🌱
Pepperoni Pizza P
Chickpea Salad
Spinach Salad
Apple Slices
Fresh Pear

20 **SCHOOL CLOSED TODAY**

21 Soft Tacos 🌱
Buttered Corn
Seasoned Pinto Beans
Fresh Peach
Fresh Red Delicious Apple
TURKEY TACO MEAT

22 Dutch Waffles
Sausage Patty
Sweet Potato Fries
Hash Brown Potatoes
Fresh Orange Applesauce
CHICKEN SAUSAGE

23 Beans & Rice 🌱 🌱
Crispy Chicken Drumstick
Green Beans
Sauteed Zucchini
Fresh Orange
Watermelon Slices

24 Classic Cheese Pizza 🌱 🌱
Pepperoni Pizza P
Garden Salad
Cucumber Topping
Fresh Pear
CANTALOUPE

27 Mozzarella Sticks 🌱
Marinara Sauce Dip
Mixed Vegetables
Steamed Carrots
Pineapple
Cinnamon Applesauce

28 Nachos Grande 🌱
Buttered Corn
Seasoned Pinto Beans
Fresh Red Delicious Apple
TURKEY TACO MEAT, W/ WARM CHEESE OVER NACHO CHIPS

29 Baked Chicken Tenders
Mashed Potatoes
Mixed Vegetables
Dinner Rolls
Pineapple
Fresh Banana

30 Homemade Pasta & Meatballs 🌱
Steamed Broccoli
Steamed Carrots
Plums
Fresh Orange
CHICKEN MEATBALLS

31 Classic Cheese Pizza 🌱 🌱
Pepperoni Pizza P
Caesar Salad
Cherry Tomatoes
Apple Slices
Strawberries



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AVAILABLE DAILY

DELI BAR, YOGURT MEAL SALAD BAR
CARROT, CELERY AND SIDE GARDEN
SALAD

ANY QUESTIONS CONTACT THE FSD
MASSIAHJ@DFSD.ORG

ALL MEALS ARE SERVED WITH A CHOICE OF
🌱 FRUIT, VEGETABLE, 1% OR FF CHOC. MILK & Juices
100% FRUIT JUICE

PRICES: STUDENTS: 1ST MEAL ADULT: \$5.44
PLUS TAX

ADULT PRICES ARE TENTATIVE TO CHANGE

SECOND OPTION : Monday: Grilled Cheese

Tuesday: Cheese Quesadilla

Wednesday: Muffin, Yogurt & Cheese Stick
Pork Smart Choice Made With Organic Ingredients

Thursday: Hot dogs(BEEF)